

Hercules Senior Center

The Hercules Senior Center provides a recreational location that fosters and promotes friendship, championship, health and wellness, fun, and lifelong relationships for adults. Purchase your yearly membership to get access to our recreational programs and classes at a discounted rate. You may become a member at any time throughout the year and visit our facility daily to participate and interact with other members. Join today to make new friends, live a happier and healthier life style.

111 Civic Drive
Phone: (510) 799-8219
Hours: M-F 9a-1p



Hercules Senior Center

Yearly Membership Fee: \$20 (Prices for classes and programs vary depending on membership status)

Registration Code: 51900-F

Weekly Activity	Mon	Tues	Wed	Thurs	Fri	Member/Non Member
AARP Tax Services	February 6, 2017-April 13, 2017. Call 510-799-8219 to make an appointment.					FREE
Advance Tai Chi					9-11a	\$1.00/\$2.00
Advice Nurse		10a-1p				FREE
Art Class		10a-12:30p				\$1.00/\$2.00
Bingo				10a-12:30p		\$6.00 for 10 games
Blood Pressure 2nd Wed. of each month)						FREE
CC Café Lunch	11:30a-1:00p CALL (510) 799-8219 between 9am-12pm to make a lunch reservation for the following day.					Suggested Donation \$2.00 Ages 60 under \$5.00
Card Club Group	10a-1p			1-3p		\$1.00/\$2.00
Chi Kong				9-10a		
Computer Lab	9a-1p					FREE/\$1.00
Fruit & Veggie Distribution	1st and 3rd Tuesday of each month from 11:00a-12:00p.					
Goodie Store					12:30-1p	\$1.00 Members ONLY
HICAP Health Insurance Counseling for the Elder			2nd Wednesday of each month. By appointment only, call 510-799-8293			FREE
Legal Consult Wills/Trusts	By appointment only, call 510-799-8293					FREE
Lehua Hula Dance	1-2p					\$1.00/\$2.00
Low Impact Exercise	10-11a				10-11a	\$1.00/\$2.00
Meals on Wheels	9am-12pm Call (510) 412-0166 for more information					
Tai Chi	9-10a	9-10a			9-10a	\$1.00/\$2.00
Tap		2-3p				\$1.00/\$2.00
Yuen Ji and Dance			2-4p			\$1.00/\$2.00
Members who participate in multiple classes on the same day will receive a discount on any additional class after the first class attendance.						

Blood Drives	January	February	March	April
Tuesday, 2/28/17 Tuesday, 4/25/17 *Free event from 2:00-8:00p Call (510) 799-8219 for more information	Chinese New Year Friday, 1/27/17 11:30a-1:30p	Mardi Gras Tuesday, 2/28/17 11:30a-1:30p	St. Patrick's Day Friday 3/17/17 11:30a-1:30p	Earth Day Wednesday, 4/12/17 11:30a-1:30p
Call (510) 799-8219 two days prior to event between 9a-12p to reserve your seat for social event.				

Community Produce Program

The Hercules Senior Center offers a Free Community Produce Program which distributes free produce on the first and third Tuesday of each month from 11:00am to 12:00pm. This program is available to those who meet the income guidelines. Must provide own bags.

CC Café

The Hercules Senior Center is a partner with Contra Costa Health Services in providing our daily lunch program through our CC Café. We are open Monday through Friday from 11:30am to 1:00pm. Guests will be required to contact the Senior Center at (510)799-8219 one (1) day in advance between 9:00am to 12:00pm to attend the lunch program the following day. For free transportation, contact Westcat at (510)724-7433.

Volunteer

The Hercules Senior Center is always looking for helping hands at our events and programs! To find out about upcoming volunteer opportunities, call Kristina Griffith at 799-8219 today!