



City of Hercules Senior Center October 2016 Activities and Special Events



INFO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Senior Center Office	*** Ongoing Weekly Activities ***				
Open weekdays 9:00am-1:00pm 111 Civic Drive Hercules, CA 94547 (510)799-8219	8:15am Tai Chi	9am Tai Chi	9am Computer Lab	9am Computer Lab	9am Computer Lab
Yearly Membership \$20.00	Meals on Wheels 9:00am-12:00pm - Call (510)412-0166				
Westcat (510)724-7433	9am Computer Lab 10am Card Club 9am Low Impact Exercise	9am Computer Lab 10am Art Class 2pm Tap	10am Beads & Things 2pm Yuen Ji & Dance	9am Chi Kong 10am Card Club 10am Bingo	9am Advanced Tai Chi 9am Tai Chi 10am Low Impact Exercise
	**CC Café 11:30am-1:00pm- Call (510)799-8219 the day before to reserve a sapce for the following day				
	1pm Hula Dance				12:30pm Goodie Store
	*** Special Events & Once a Month Activities/Services ***				
*Indicates need to register in advance, and/or by appointment. Please call (510)799-8219	3	4	5	6	7
		11am Produce Program			
	10	11	12	13	14
		2:00pm Blood Drive	*10am HICAP Health 11am Blood Pressure		
Senior Events	17	18	19	20	21
Halloween Costume Contest Wednesday, 10/26/16 1:00pm-5:00pm		11am Produce Program			
*Call 799-8219 by 10/25 between 9am-12pm to attend this event.	24	25	26	27	28
			1:00pm Halloween Costume Contest		
	31				

****CC Café Suggested Donation \$2.00 / Ages 60 & under \$5.00 ***Activities, Services, and Events may have drop-in fees to participate**